The Power of Sharing Your Story

Webinar Handout - Writing Prompts

<u>General</u>

- ❖ What's it like to be you? Walk us through a day in your life.
- How is your life different or the same as other people your age?
- ❖ Write a letter to the 10-year-old (16, 18, 21-year-old) version of yourself.
- What's your dream job and why?
- What is one of your favorite memories?
- Tell us about a cause you're passionate about.
- Do you have a mentor or someone you admire? What makes them great?
- How has your college experience been so far?
- How did you choose to attend the college you're at?
- What's a lesson you've learned over the course of your life?
- What's something you're proud of?
- Tell us about something or someone who inspires you.
- Where do you see yourself in 5, 10 years?
- Do you have a favorite book, movie, song, artist, author, or creator? What about their work do you connect with?

<u>Specific to the Experience of Foster Care</u> (to apply these questions to another experience, simply replace the language)

- What is a foster care statistic that bothers you?
- What's something you wish people knew about individuals who have been in foster care?
- How could your experience in the system have been improved?
- What does the word "family" mean to you?
- What would you say to a young person in the foster care system?
- What would you say to service providers (case workers, judges, etc.) about the experience of foster care?
- If you could create a new child welfare law/policy, or update an existing one, what would you do?
- What's a common myth/misconception about foster care?
- What language do you prefer people use when talking about your past?
- How did being in foster care impact your academic performance?
- Who were some positive people in your journey? What made them positive?
- What are some of the barriers you've faced along the way?