



# FOSTERING SUCCESS MICHIGAN

## Life Domains

### WEBINAR SERIES



Providing professionals, supportive adults, and youth with experience in foster care increased knowledge, skill, and social capacity in each life domain to increase access and success in post-secondary education.



# FOSTERING SUCCESS MICHIGAN

## Life Domains

### WEBINAR SERIES



Maddy Day, LLMSW  
Director of Outreach and Training  
Center for Fostering Success  
Western Michigan University



## HOUSEKEEPING

- Attendees in listen only mode.
- Ask questions using the chat or questions feature.
- Technical difficulties? Contact Citrix team at 1-888-259-8414
- Recording available following the webinar in our resource library on our website.



# A Special Thank You To Our Funders

THE  
KRESGE  
FOUNDATION

THE  
HAVIRMILL  
FOUNDATION



[www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)





# A special welcome to FSM Student Ambassador Brandon Youngblood!





# The Seven Life Domains: 2016/2017 Wrap-Up

**This webinar is great for:**

Youth, Students, Professionals, Supportive Adults

**Goals for webinar:**

- Provide overview of 7 Life Domains by Casey Family Programs
- Provide an overview of the **key takeaways from our Community Collaboratives**
- Explain why each domain is important
- Give **students recommendations** in each life domain
- Give **professionals recommendations** in each life domain

**Don't forget to use the questions or chat  
feature during the presentation to interact! We  
want to hear from you!**

[www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)

# The 7 Life Domains

## An Overview



- Casey Family Programs (2006) *It's My Life* Framework
- WMU adapted framework to include education at the center
- 7 domains framework offers a way to organize, understand, and develop a response to the complexity of lived experience.

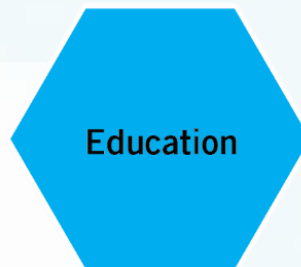




# The Education Domain

Major Takeaway: All life domains are **interconnected**.

Professionals and students agreed that success or challenges in all domains strongly impacts education. This emphasizes the importance of identifying and supporting strengths in each domain facilitating collaboration and expanding networks!



[www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)

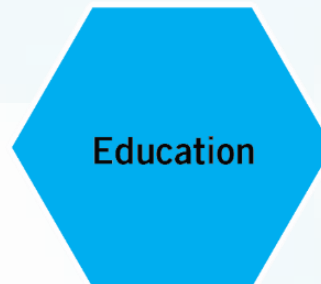




# The Education Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Education Domain for ***students***?
- What are the recommendations in the Education Domain for ***professionals and supportive adults***?





# The Finances & Employment Domain

**Major Takeaway:** Finding **creative solutions** to help students navigate financial and employment resources is important!

Students agreed that potential financial barriers are a large concern in considering postsecondary access and success. **This domain is easy to get stuck on and can be very stressful!**





# The Finances & Employment Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Finances & Employment Domain for ***students***?
- What are the recommendations in the Finances & Employment Domain for ***professionals and supportive adults***?





# The Life Skills Domain

**Major Takeaway:** Students don't know what they  
**don't know!**

Life skills are the abilities we need to effectively navigate through every day living. Students need opportunities to learn *and practice* life skills. Take time to notice the skills each student has, name and describe those skills so the student can learn to generalize these skills to all areas of life.





# The Life Skills Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Life Skills Domain for ***students***?
- What are the recommendations in the Life Skills Domain for ***professionals and supportive adults***?





# The Identity Domain

**Major Takeaway:** An individual's personal, social, and cultural identities are **uniquely interconnected** and multifaceted, and are different for everyone!

Often youth are moved out of or through spaces that can help people define and construct their sense of self. The Identity Life Domain is very complex; it involves identification and definition of the various parts of oneself.





# The Identity Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Identity Domain for ***students***?
- What are the recommendations in the Identity Domain for ***professionals and supportive adults***?







# The Supportive Relationships and Community Connections Domain

**Major Takeaway:** Healthy connections are instrumental in promoting a **sense of well-being and belonging**.

We all need a community to support us and make us feel like we belong; these are the people we feel like we can turn to or fall back on when we are struggling. Taking risks to make connections is key to future success!





# The Supportive Relationships and Community Connections Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Supportive Relationships and Community Connections Domain for ***students***?
- What are the recommendations in the Supportive Relationships and Community Connections Domain for ***professionals and supportive adults***?



[www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)



# The Housing Domain

**Major Takeaway:** Professionals can best support students through **advocating for better housing options** and ensuring that **students understand their housing rights and responsibilities**.

The Housing Domain is multi-faceted, complex, and presents many frustrations, complications, and challenges to students.





# The Housing Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Housing Domain for ***students***?
- What are the recommendations in the Housing Domain for ***professionals and supportive adults***?





# The Physical & Mental Health Domain

**Major Takeaway:** Stigma around mental health creates **significant challenges** in accessing support and services.

The Physical and Mental Health Domain is complex and holistic; it is a foundation for success in all other Life Domains; it impacts and is impacted by all the other Life Domains. Physical and mental health are very closely intertwined and well-being in each be addressed.





# The Physical & Mental Health Domain

## Ask the FSM Ambassador!

- What are the recommendations in the Physical & Mental Health Domain for ***students***?
- What are the recommendations in the Physical & Mental Health Domain for ***professionals and supportive adults***?





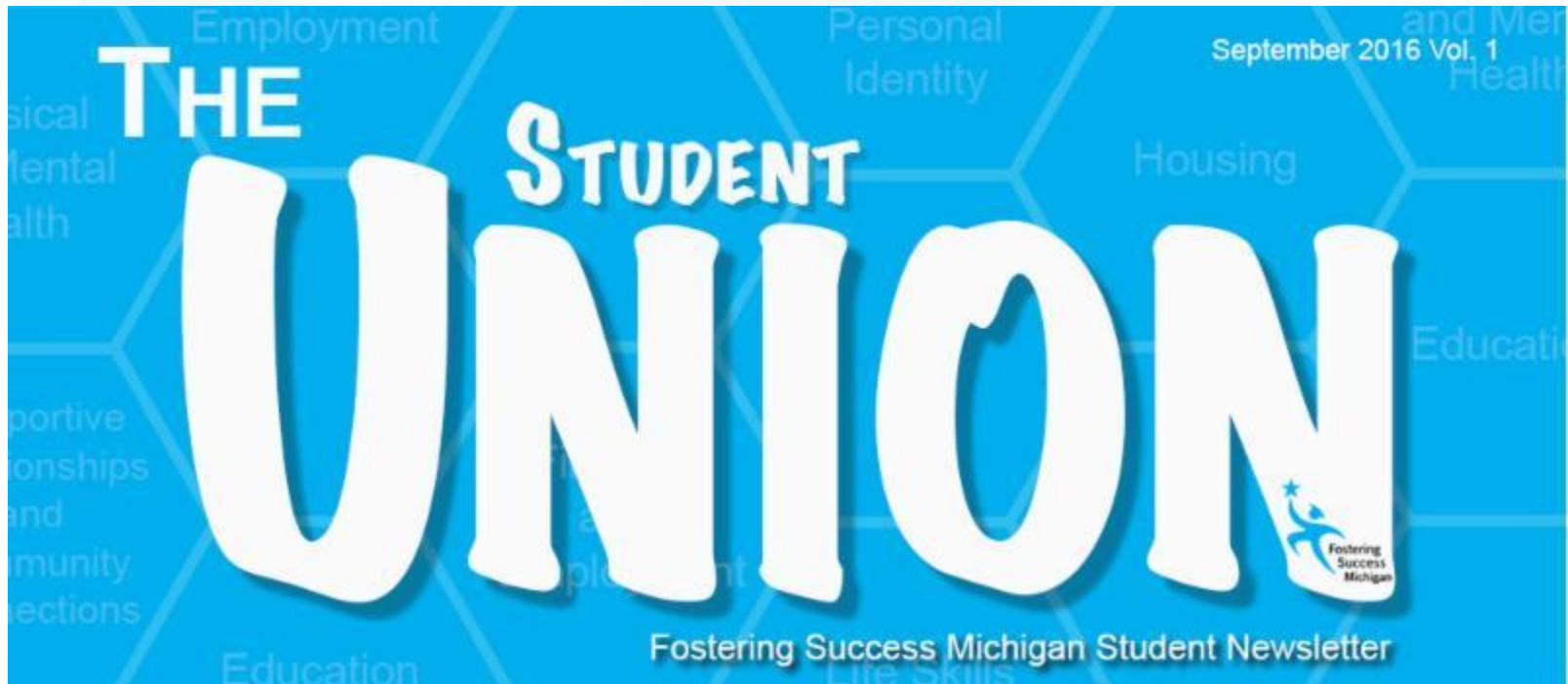
# COMMUNITY

*Focusing on the  
7 Life Domains*

# COLLABORATIVE

- Key Takeaways & Recommendations document available on webinar control panel and in our library at [www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)
- FSM Community Collaborative Directory and Summary will be released by end of May.
- Join us NEXT YEAR for FSM Community Collaboratives! We will take a deeper dive into each domain and all events will be held at DHHS offices in each region!







FOSTERING SUCCESS MICHIGAN

# May is Foster Care Awareness Month!

**Join us for special events all throughout the month of May including:**

- Mixer on the Mall: May 19<sup>th</sup>--Principle Food & Drink
- Foster Care Awareness Walk: May 20<sup>th</sup>
- FSM Special Webinar:
  - Holistic Success For Youth with Experience in Foster Care featuring Dr. John DeGarmo--May 11<sup>th</sup>, 2017 from 5:00-6:00 PM EST

***Did you miss a life domain activity? Catch up on all the resources we shared in our wrap up email at the end of each month!***



# Life Domains

## WEBINAR SERIES



For more information contact us!

<http://groups.google.com/group/fostering-success-michigan>

[Fostering-info@wmich.edu](mailto:Fostering-info@wmich.edu)

[www.fosteringuccessmichigan.com](http://www.fosteringuccessmichigan.com)

[www.FosteringSuccessMichigan.com](http://www.FosteringSuccessMichigan.com)